



Stay Sane While Raising a Teen?

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“Trying to Stay Sane While Raising Your Teen”: A Must-Read For Parents

Being a parent is a 24/7 job with no breaks in between. No matter how long you’ve been doing it, parenthood never seems to get easier. This is especially true for parents who are now at the stage of raising teenagers—a crazy and challenging time that can test even the toughest of parents.

Fortunately, parents have found an ally in C. Lynn Williams, author of “Trying to Stay Sane While Raising Your Teen”. In this book, C. Lynn Williams provides parents with expert advice on how to properly raise teenagers and guide them towards the godly path.

(<http://www.christianauthorspace.com/clynnwilliams/index2.html>)

Raising teens is difficult; molding them into becoming God-centered adults is an entirely different story. More than just your ordinary parenting book, “Trying to Stay Sane While Raising Your Teen” focuses on the joys of parenting teens. Through its easy-to-read, down-to-earth style, the book equips parents with the necessary tools that will help them become competent in handling teenagers, from their mood swings and wild nature to their demands and personal issues.

A mother of four herself, C. Lynn Williams shares her own parenting wisdom and insights by imparting practical tips and expert advice that are based on her own personal experiences with her family. She tackles the common issues parents face nowadays and provides simple yet effective solutions. (<http://www.christianauthorspace.com/clynnwilliams/index2.html>)

At the same time, “Trying to Stay Sane While Raising Your Teen” teaches parents a very important lesson: loving what they do. There will be times wherein being a parent can be very physically tiring and emotionally draining, C. Lynn Williams helps parents enjoy this time of their lives by making them love the job, no matter how hard it gets. As soon as parents start seeing the joy that comes with parenting, they will be able to become even better in managing their kids and guiding them into adulthood.

Although she has no foolproof formula to success, C. Lynn Williams openly shares everything she knows as a parent, both the good and the bad. Her only secret weapon? C. Lynn Williams lives for the purpose of raising her children for Christ.

In C. Lynn Williams own words: “Young people need the consistent teachings and wisdom of their parents. Parenting needs to be consistent and include lots of love and patience as well. Being friends with your child is not helpful to your child...You must put your child’s needs ahead of your own, and show that child of yours that you will always be there for him or her.”

Parenting was never meant to be easy, but there’s nothing much more fulfilling than knowing that you have been put on earth with a mission to mold people—your children—into becoming children of God.

For more information, please visit:

<http://www.christianauthorspace.com/clynnwilliams/index2.html>

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