

JAMS

SPEAKER KIT www.clynnwilliams.com

# C. LYNN WILLIAMS, #MsParentguru



#### Thank you!

I appreciate you considering me for your upcoming speaking engagement. Public Speaking is a passion I have had for quite some time. I've created a variety of content for very diverse age groups and audience purposes. With content ranging from Work Life Balance to Time Management to Creating Vision Boards for Superwomen Who Are Finding Themselves, I've been blessed to meet unique needs in a professional format for presentations. Thank you for your thoughtful consideration! If you have any questions regarding custom content, please do not hesitate to reach out to me directly.

Kind Regards,

C. Lynn Williams

My Passion I have a strong desire to see mothers and fathers become better than they ever imagined and do more than they ever thought they could do in motivating themselves and their children. Every time I speak, write, design workshops, conduct webinars, or even participate in a discussion on Biblical principles with my prayer partners, I ultimately desire to see growth and motivation for far more. I feel that our time is so critical and limited. Each day is truly a gift where we have the opportunity to seize life for all that it is worth. I strive to be the advocate and champion for my clients, readers, friends, family, and business colleagues.

**Biography** C. Lynn Williams remembers what it's like to hate to get out of bed, because she wore so many hats and all she really wanted at that moment was to have time for herself. Many women struggle with balancing the demands of being a professional, a wife and a mother. While she's heard that you cannot successfully have it all – she's here to tell you that you can! Ms. Williams is the creator and founder of Busy Moms Accountability Masterclass, a four-week mentoring curriculum for professional, executive or entrepreneurial women who are also wives and mothers looking to establish and maintain healthy work and home life habits.

In addition, C. Lynn has written a series of Staying Sane books that offer parents guidance in order to successfully nurture their youth, teens and adult children. While the books are helping parents have better relationships with their children, she realized that women like her are still struggling with wanting to keep the love alive in their marriages, run successful businesses and be a great mother.

Her most recent book "Daddy & Daughter Thoughts: A Dad's Guide to Daughters", released in September 2019, addresses relationship issues that fathers and daughters often experience, and how to move forward.

She speaks from experience as one who has lived through personal loss while climbing the corporate ladder. Having experienced a failed marriage; raising her children, and finding love in a new marriage, left deep impressions on Ms. Williams. She realized that with planning and prioritizing, women can truly have it all. Ms. Williams holds a Master's in Business Administration and has worked in corporate America, so she has a solid business background. Working with professional women who are parents and wives to build environments of trust and love in their homes, is a mission that she values.

She conducts classes and workshops about **finding superwoman** strategies that work. In this technologically complex culture, Ms. Williams' follows a time-tested roadmap for family success. With today's culture of social media and making women choose between running a corporation or having children, **#FINDINGSUPERWOMAN** is possible. Ms. Williams can be reached at <u>CGWWBooks</u> on Facebook, and as **@MsParentGuru** on <u>Twitter</u> and <u>Instagram</u>.

C. Lynn is a wife, mother of four adult children, and grandma to an adorable grandson. She loves baseball – is a Chicago Cubs fan, loves music, enjoys being outdoors and exercises a healthy lifestyle. She sings in the choir at her church, is intensely involved with community and politics and is a member of Alpha Kappa Alpha Sorority Inc. She is concerned with issues that face mothers and daughters and intends to deliver a TED Talk in the near future.

#### Topics

## Strengthening Relationships without Overstepping Boundaries

Discusses boundary setting and relationship building for those who manage people or interact with youth or millennials.

Audience Takeaways: setting boundaries without guilt, adding value without losing yourself

## **Educating Millennials**

WIIFM (What's In It For Me) is a typical phrase used by and for millennials. This workshop offers tips and techniques of how to make discussion relevant to millennials by those who interact with them in a work or project environment.

Audience Takeaways: getting to the essence of a conversation or discussion, finding and giving value

## Building Self-Esteem & Confidence for Superwomen

Relating to our daughters, mothers and other women takes lots of time and patience. Often what we want to say is not what comes out of our mouths. This workshop is designed to help women use positive words that encourage and build relationship versus competition.

Audience Takeaways: speaking from the heart, how to speak life, relationship building

## The Art of Time Management

We will use a case study and role plays to integrate time management into our psyche.

Audience Takeaways: priority setting, scheduling, delegating

## Listening So Your Spouse Will Talk

Workshop is designed to equip women with scenarios, tools and exercises to practice active listening to their spouse or significant other and encouraging conversation.

Audience Takeaways: active listening skills and open ended questioning techniques